

Dear parent,

In view of the outbreak of COVID - 19 in our DAE Township, you are requested to take care about your child as the cases including asymptomatic cases are increasing day by day. Please don't allow your child to go out or to visit the neighbor's house or to meet any friends or to play with children or not to attend any functions / celebrations like birthdays, etc. to not invite unwanted problems.

In case, if you feel, that your child's mental well being is getting affected by the lockdown, you can help him / her by connecting to their friends through a video call to help them stay in touch and not feel isolated. You can involve them to join in gardening, introducing good new hobbies such as painting, singing, dancing cooking, writing as per their interest. And also, ask them to do routine light yogic exercises regularly and eat healthy homemade food, vegetables, fruits and maintain physical hygiene and overall cleanliness.

SO, THE WAR AGAINST PANDEMIC BEGINS AT HOME AS IT'S A BATTLE WE ALL CAN WIN WITH A BEAT OF EFFORT.

Encourage your child to take advantages of online classes and ask them to complete the assignments, worksheets, exercises, etc. as per the instructions given by the teachers and Provide the basic needs required for online classes.

**With regards,  
VIKAS KAMBLE  
PRINCIPAL,  
AECS ANUPURAM**